

Shoes and Socks for AFOs



Finding shoes that fit over an AFO was previously very difficult, but there are now many options that satisfy this need. The websites below contain shoes that are wider and deeper than most typical designs and some even have split-size shoe ordering options. Look through these options and find the best fit for you.

Extra width and depth for adults:

<https://www.drcomfort.com/>

<https://propetfootwear.com/>

<https://www.anodyneshoes.com/accessories/shoes>

<https://www.orthofeet.com/collections/orthopedic>

<https://billyfootwear.com/collections/most-afo-friendly-shoes>

<https://www.newbalance.com/wide-shoes/>

https://friendlyshoes.com/?srsltid=AfmBOoq05jASbyGg_89T7yUwoP7J1khPgjOsyW2vf65d7z2_6aQcLZmy

<https://www.zappos.com/c/adaptive>

For kids:

<https://www.zappos.com/c/adaptive>

<https://billyfootwear.com/collections/most-afo-friendly-shoes>

<https://www.newbalance.com/kids/featured/wide-shoes/>

<https://www.striderite.com/collections/afo>

<https://seekairun.com/shop/collections/adapt/>

<https://friendlyshoes.com/adaptive-footwear-shop?kids-shoes>

Split sizes:

<https://www.zappos.com/c/adaptive>

<https://www.nordstrom.com/browse/customer-service/single-split-shoe>

Tips for Billy Footwear shoes: follow this process when you put the shoes on for the first time with your brace.

1. Put on your AFO
2. Unzip the shoe all the way, loosen up the laces a lot, and remove the insert
3. Put the foot with the AFO in the shoe
4. Zip up the shoe
5. Lace up the shoe

From now on you should not have to untie and tie the shoes again. If the shoe seems too big, add the insert again.

Socks:

A quick online search will bring up some good options, but Woodle Co socks are generally great for kids, while SmartKnit socks work especially well for adults.